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Josh Trentadue

MEDITATION AND HYMN TO NATURE

(2021)

for saxophone quartet

*commissioned by and dedicated to
The _____ Experiment*

M. O. T. I. F.

MUSIC OF THE INTROSPECTIVE FIELDS

www.joshtrentadue.com | [@trentaduemotif](https://twitter.com/trentaduemotif)

m&m music press, llc

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SAXOPHONE QUARTET

(Soprano, Alto, Tenor, Bari)

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PERFORMANCE NOTES

- Circles or "n" markings at the beginning or end of hairpins indicate "niente" - start from, or fade to, complete silence.
- All tenuto and accent markings should only be given weight and emphasis. Do NOT attack any accented notes; treat them as having slightly more weight and emphasis than tenuto markings.

PROGRAM NOTES

Meditation and Hymn to Nature was written during a tumultuous series of commissions and projects I had worked on over the past 15 months, ranging from wild and chaotic to dark and terrifying music. The devastation of the COVID-19 pandemic had taken its toll worldwide, especially on each of our collective livelihoods, emotions, and mental health. At the time this piece was finished, parts of the world were in the beginning stages of being able to safely bring back specific activities - businesses fully re-opening, the means to be able to travel again, and live events, especially those for music and the arts.

During all of this, I struggled (and continue to struggle) with clinically-diagnosed depression and anxiety that had been exponentially exacerbated due to the pandemic. At the beginning of 2021, I decided to set for myself different goals that would inherently focus on improving my own livelihood, daily routines, mental health, and myself as a whole. In shaping these personal goals, meditating and sound healing have now become two key components of my life.

This piece is reflective in nature, symbolically shaped in the form of a meditation session. It begins in a dark and lyrical state, progresses into a more turbulent yet fluid current of uncertain energy, and gradually transforms into a calm, healing, and soothing state of mind. Key motivic ideas and sections of musical material inform the structure of the piece, as these are additionally transformed from a disheartened state to a more hopeful and spiritual resolve.

It is therefore my goal with *Meditation and Hymn to Nature* (and beyond the piece) that those who listen to this work, perform it, or read these program notes will remember this:

You are loved.

You matter.

My sincerest gratitude to The _____ Experiment for commissioning this piece.

CATALOG, RECORDINGS, PERUSAL SCORES, AND MORE INFO: www.joshtrentadue.com

MECHANICAL LICENSING/RECORDING, PRESS/MEDIA/NEWS QUERIES: media@joshtrentadue.com

SUBMIT PERFORMANCE INFO AND CONCERT PROGRAMS: events@joshtrentadue.com

ALL OTHER QUERIES: info@joshtrentadue.com

SOCIAL MEDIA:

@trentaduemotif (Facebook, Twitter, Instagram, SoundCloud) | YouTube: youtube.com/c/JoshTrentadue

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Lyrical and Meditative, Poco Rubato ♩ = 76-80

3
4

Soprano Saxophone

Alto Saxophone

Tenor Saxophone

Baritone Sax

p senza vib.

6

2 3 4 5 6 7

11

8 9 10 11 12 13 14 15

16 **Senza Rit.**

16 17 18 19 20

21 **With More Movement** ♩ = 88-92

pp like a calm and flowing river

pp like a calm and flowing river

pp with weight

21 22 23 24 25

26

mp espressivo

26 27 28 29 30

pp

31

n

mp espressivo

pp

31 32 33 34 35 36

pp

37

37 38 39 40

41

41 42 43 44 45 46

mp like a calm and flowing river

47

mp espressivo

pp

mp

pp

47

48

49

50

51

52

53

54

55

pp

pp

n

mp espressivo

mp espressivo

n

Molto Rit.

Four staves of music in G major (one sharp). Measures 56-57 feature a melodic line in the upper staves and a sustained bass line in the lower staves. Measures 58-59 show a change in dynamics and a more active bass line. Dynamics include *mp* (mezzo-piano) and *p* (piano).

56 57 58 59

A Tempo

Four staves of music in G major. Measures 60-65 feature a melodic line in the upper staves and a sustained bass line in the lower staves. Dynamics include *f* (forte) and *f warmly* (forte warmly).

60 61 62 63 64 65

68 Senza Rit.

Musical score for measures 66-71. The score consists of four staves, each with a treble clef and a key signature of one flat (B-flat). The music is in 4/4 time. Measures 66 and 67 are marked *mp* and *senza dim.*. Measures 68, 69, 70, and 71 are marked *p*. A large number '4' is centered over measures 68 and 69. The score is watermarked with 'Score for Perusal Only' and 'All Rights Reserved'.

72 Spiritual, Molto Espressivo (Same Tempo)

Musical score for measures 72-77. The score consists of four staves, each with a treble clef and a key signature of two sharps (F# and C#). The music is in 4/4 time. Measures 72, 73, 74, 75, 76, and 77 are marked *mf* warmly. Measure 74 is also marked *mf*. The score is watermarked with 'Score for Perusal Only' and 'All Rights Reserved'.

80

78 79 80 81 82 83

senza cresc. *mf*

This system contains measures 78 through 83. It features four staves in treble clef with a key signature of two sharps (F# and C#). Measures 78 and 79 are marked *senza cresc.* (without crescendo). Measure 80 is marked *mf* (mezzo-forte). Measures 81, 82, and 83 continue the melodic lines with various note values and rests. A large, diagonal watermark reading 'Score for Perusal Only' is overlaid across the page.

86

84 85 86 87 88

f *mf* *p* *mp* *pp*

This system contains measures 84 through 88. It features four staves in treble clef with a key signature of two sharps (F# and C#). Measures 84 and 85 are marked *f* (forte). Measures 86 and 87 are marked *mf* (mezzo-forte). Measure 88 is marked *p* (piano). The dynamics change from *f* to *mf* to *p* across the system. A large, diagonal watermark reading 'Score for Perusal Only' is overlaid across the page.

Senza Rit.

92 Tempo I ♩ = 76-80

3
4

89 90 91 92 93 94 95 96

97 102

97 98 99 100 101 102 103

Musical score for measures 104 through 111. The score is written for four staves in treble clef with a key signature of two sharps (F# and C#). The music features a steady eighth-note accompaniment in the right hand and a melody in the left hand. Dynamics are marked as *p* (piano), *mp* (mezzo-piano), and *mf* (mezzo-forte). Measure 109 is specifically labeled with a box containing the number 109.

Measures: 104, 105, 106, 107, 108, 109, 110, 111

Senza Rit.

Musical score for measures 112 through 118. The score is written for four staves in treble clef with a key signature of two sharps (F# and C#). The music features a steady eighth-note accompaniment in the right hand and a melody in the left hand. Dynamics are marked as *mp* (mezzo-piano), *p* (piano), and *n* (normal). A large number 4 is prominently displayed in the center of the score, indicating a 4-measure rest or a specific section. Measure 116 is specifically labeled with a box containing the number 116.

Measures: 112, 113, 114, 115, 116, 117, 118